

A Return to Love

Our deepest fear is not that we are inadequate

Our deepest fear is that we are powerful beyond measure

It is our light, not our darkness, that frightens us

We ask ourselves, who am I to be brilliant, gorgeous, talented, fabulous?

Actually, who are you not to be?

You are a child of God.

Your playing small doesn't serve the world.

There's nothing enlightening about shrinking so that other people won't feel insecure around you.

We are all meant to shine, as children do.

We were born to make manifest the glory of God that is within us.

It's not just in some of us; it's in everyone

And as we let our own light shine,

We unconsciously give other's permission to do the same.

As we're liberated from our own fear, our presence automatically liberated others.

- Marianne Williamson